



KIDS CAFÉ MENU
WEEK 3
DATE Jan 15th thru 19th

Monday

Breakfast: Cereal, Milk & Clear Cherry Juice
Lunch: Red Beans and Brown Rice, Corn, Pears, Milk
P.m. Snack: Fresh Oranges Milk

Tuesday

Breakfast: Yogurt, Milk & Pineapple
Lunch: Pulled Pork Sandwich, whole wheat bun, Applesauce, Crackers & Milk
P.m. Snack: Bananas , Vanilla Wafers

Wednesday

Breakfast: Bagels W/ Cream Cheese, Milk & Clear Cherry Juice
Lunch: Beef Nuggets, Peas, Peaches, Milk
P.M. Snack: Cornbread, String Cheese

Thursday

Breakfast: Mini Muffins, Milk and Peaches
Lunch: Turkey & Cheese Sand. W/whole wheat Bread, Tater Tots, Pineapple, Milk
P.m. Snack: Cheese Its Clear Cherry Juice

Friday

Breakfast: Cereal, Milk & Clear Cherry Juice
Lunch: Chicken Nacho's w/Cheese, Corn, Mandarin Oranges, Milk
P.M. Snack: Craisins & Graham Crackers

Cereal served: Cherrios, Crispy Rice, Kix, Toasty O's, or Corn Flakes
Children 2 yr old and up require 1% milk under 2 yr old require whole milk